CLAIMS

What is claimed is:

- 1. A soy protein product having (a) at least 60% protein of total dry matter; (b) a combined monosaccharide and sucrose content of at least 10% of total dry matter; (c) a combined raffinose and stachyose content of less than 5% of total dry matter and (d) being substantially free of galactinol.
 - 2. The product of claim 1 wherein the soy is not from low oligosaccharide soybeans.
 - 3. The product of claim 2 wherein the product is an enzyme treated product.
 - 4. The product of claim 3 wherein the enzyme is a α -glycosidase.
 - 5. The product of claim 4 wherein the α -glycosidase is a α -galactosidase with essentially no invertase activity.
 - 6. The product of claim 1 having less than 10% sucrose of total dry matter.
- 7. The product of claim 1 wherein the sucrose content is at least 10.5% of total dry matter and the monosaccharide content is about 2-3% of total dry matter.
 - 8. The product of claim 1 wherein the product has less than 1.5% stachyose of total dry matter and less than 2-3% raffinose of total dry matter.
 - 9. The product of claim 1 wherein the product has less than 2% crude fiber of total dry matter.
 - 10. The product of claim 1 having an isoflavone content greater than 2500 micrograms/gram of total dry matter and a sulfur-containing amino acid content greater than 2.2% of total amino acid content.
 - 11. A liquid or dry beverage, food or nutritional product that uses the product of claim 1.

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- 12. A method for manufacturing a protein product comprising:
 - (a) providing a substantially defatted soybean material;
- (b) treating said material with an enzyme at an effective temperature and pH for an effective time to achieve a combined monosaccharide and sucrose content of at least 10% of total dry matter in said product and a combined raffinose and stachyose content of less than 5% of total dry matter in said product;
 - (c) removing fiber from said material before or after said treatment to achieve at least 60% protein of total dry matter in said product;
 - (d) inactivating said enzyme after said treatment.
 - 13. The method of claim 12 wherein the enzyme is a α -glycosidase enzyme.
 - 14. The method of claim 13 wherein the α -glycosidase is a α -galactosidase with essentially no invertase activity.
 - 15. The method of claim 14 wherein the treatment uses about 450-2300 galactosidase units per pound of the material.
 - 16. The method of claim 12 further comprising slurrying the material with water prior to the enzyme treatment or fiber removal.
 - 17. The method of claim 16 wherein the slurry is about 10-20% solids.
 - 18. The method of claim 12 wherein the effective temperature is about 125-140 degrees Fahrenheit.
- 30 19. The method claim 12 wherein the effective pH is about 6-6.5.

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- 20. The method of claim 19 wherein the effective pH is achieved by adding hydrochloric acid to said slurry.
- 21. The method of claim 12 wherein the effective time is about 1-4 hours.
- 22. The method of claim 21 wherein the effective time is about 1-3 hours with the product having greater than 1.5% stachyose of total dry matter and less than about 2-3% raffinose of total dry matter.
- 23. The method of claim 21 wherein the effective time is about 2-4 hours with the sucrose being at least 10.5% of total dry matter in the product and the monosaccharide content being about 2-3% of total dry matter in the product.
- 24. The method of claim 16 wherein the fiber removal is performed by adjusting the pH of the slurry to about 7-7.5 and separating said pH adjusted slurry to form a cake containing a high amount of fiber.
- 25. The method of claim 24 wherein the pH is adjusted using sodium hydroxide.
- 26. The method of claim 24 wherein the separation is performed by centrifugation.
- 27. The method of claim 16 further comprising drying the enzyme treated, fiber removed slurry.
- 28. The method of claim 27 further comprising concentrating the fiber removed, enzyme treated slurry prior to the drying.
- 29. The method of claim 28 wherein the concentrating is performed by means of evaporation or membrane filtration.
- 30. The method of claim 29 wherein the drying is spray drying.
- 31. The method of claim 24 further comprising drying the cake to form a high fiber byproduct.

- 32. The method of claim 12 wherein the enzyme inactivation is pasteurization at about 180 degrees Fahrenheit.
- 33. The method of claim 12 wherein the material has a protein dispersibility index of 90.
- 34. The method of claim 33 wherein the material has not been heat-treated.
- 35. The method of claim 12 wherein the material is substantially free of galactinol.
- 10 36. The method of claim 12 wherein the product has less than 2% crude fiber of total dry matter.
 - 37. The method of claim 12 wherein the product has an isoflavone content greater than 2500 micrograms/gram of total dry matter and a sulfur-containing amino acid content greater than 2.2% of total amino acid content.
 - 38. A liquid or dry beverage, food or nutritional product that uses the product of claim 12.

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- 39. A method for manufacturing an enzyme treated, soy protein product comprising:
- (a) providing a soybean material having at least 50% protein (N X 6.25); about 30-40% carbohydrates; about 5-10% moisture; less than about 1% fat and a protein dispersibility index of about 90 and being substantially free of galactinol;
- (b) slurrying said material with water, such that said slurry is about 10-20% solids; hydrochloric acid, such that the pH of said slurry is about 6-6.5, and an effective amount of a α -galactosidase enzyme;
 - (c) reacting said slurry for about 1-4 hours at about 125-140 degrees Fahrenheit;
 - (d) adjusting the pH of said reacted slurry to about 7-7.5 with sodium hydroxide;
 - (e) centrifuging said pH adjusted, reacted slurry to form a cake and a liquor;
 - (f) pasteurizing said liquor to inactive said enzyme;
 - (g) concentrating said pasteurized liquor by means of evaporation or membrane filtration;
- (h) spray drying said concentrated liquor to form said product having at least 60% protein of total dry matter; a combined monosaccharide and sucrose content of at least 10% of total dry matter; a combined raffinose and stachyose content of less than 5% of total dry matter and less than 2% crude fiber of total dry matter.
- 40. The method of claim 39 further comprising drying the cake to form a high fiber byproduct.
- 41. A liquid or dry beverage, food or nutritional product that uses the product of claim 39.